

Cabbage Salad

Ingredients:

- 1 small head of green cabbage
- 1/2 red onion, thinly sliced
- 2 carrots, peeled and grated
- 1/4 cup chopped fresh parsley
- 1/4 cup olive oil
- 2 tablespoons apple cider vinegar
- Salt and black pepper to taste

Instructions:

1. Remove the tough outer leaves of the cabbage and discard. Cut the cabbage into thin slices and place in a large bowl.
2. Add the red onion, grated carrots, and chopped parsley to the bowl and toss to combine.
3. In a small bowl, whisk together the olive oil and apple cider vinegar. Season with salt and black pepper to taste.
4. Pour the dressing over the cabbage mixture and toss to coat. Serve chilled.